<u>Updated COVID-19 guidance from 100 ARW Leadership</u>

Summary: Details on mass gatherings, social distancing and quarantine policy.

RAFM playgrounds now closed.

With the newest guidelines set by the UK government, effective 10 a.m. March 24, 2020, 100th ARW leadership has aligned with the host-nation and designated mass gatherings as more than 2 individuals.

However, this does not restrict immediate family members or homes with more than two individuals.

If you have any questions or concerns during the weekday duty hours, please contact the RAFM Installation Command Center at 314-238-7060/7067 or email at 100ARW.XP@us.af.mil. During afterhours, please contact the Command Post at 314-238-2121.

And as a reminder, all 100th ARW personnel are strongly encouraged to continue to adhere to social distancing as possible (minimizing contact inside of 6 feet). There is no more effective way to prevent the spread of COVID-19 than removing the chance for person-to-person spread.

With regards to quarantining, this is a lawful military order and any members who violate quarantine or isolation may be subject to administrative or disciplinary action.

For individuals not in quarantine or isolation, weather permitting, being outside is encouraged as it can reduce the sense of confinement, allows for exercise and decreases the chance of becoming ill versus maintaining close quarters indoors. Please remember though that all outdoor activities should follow the same guidelines of avoiding mass gatherings and maintaining social distancing.

With that said, in order to prevent the spread of COVID-19, the 100th ARW/CC directs all RAFM playgrounds, to include Tully Cubold, be closed and off-limits until further notice. The COVID-19 virus can remain on surfaces, such as shared equipment and playgrounds, for many hours and remain a risk.

Here are some helpful tips to keep kids still active:

- Outdoor activity is encouraged for kids not in quarantine or isolation, this includes:
 - o Playing within the confines of the yard with family members
 - O Taking a walk or bike-ride alone with appropriate supervision who is also not in quarantine or isolation
- Some examples of outdoor activity which is discouraged includes:
 - o Play dates or multiple children gathering in one yard not of the same family
 - o Sharing of toys, sports equipment or items which increase the potential for spread
 - Gathering where social distancing guidelines are not followed